



Ideas for sharing *The Very Hungry Caterpillar* with your child . . .

As you look through this book, you will think of many ways to share it with your infant, toddler or preschooler. Here are a few ideas to get you started.

- Sometimes change happens in steps so small you hardly notice. And then one day, *everything* seems different. As you turn the pages, encourage your child to tell you about the little caterpillar's small steps on his way to a huge beautiful change.
- How could you use this book to help your child learn to count to 10?
- How could you use this book to help your child learn the days of the week?
- How are the caterpillar's "Monday" through "Friday" foods similar? Help your child name them.
- What is different about "Saturday" foods? Why do you think the caterpillar has a stomachache Saturday night?
- Ask you child to show you her favorite colors in this book. Help her name the colors she likes.

